



## 工作场所健康促进工具包简介（国际组织）


### ● 世界卫生组织

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Health topics

### Occupational health




Occupational health deals with all aspects of health and safety in the workplace and has a strong focus on primary prevention of hazards. The health of the workers has several determinants, including risk factors at the workplace leading to cancers, accidents, musculoskeletal diseases, respiratory diseases, hearing loss, circulatory diseases, stress related disorders and communicable diseases and others.

Employment and working conditions in the formal or informal economy embrace other important determinants, including, working hours, salary, workplace policies concerning maternity leave, health promotion and protection provisions, etc.

#### General information

[Q&As on stress at the workplace](#)

#### Multimedia



[10 facts on environmental and occupational health and cancer](#)

#### WHO programmes and activities

[Occupational health](#)

#### Occupational health in WHO regions

[Region of the Americas-PAHO](#) [European Region](#) [South-East Asia Region](#) [Western Pacific Region](#)

#### Technical information

[Health care workers](#)  
[Psychosocial risk factors and hazards](#)  
[More about occupational health](#)

#### Publications

[Guidance on the European framework for psychosocial risk management](#)  
[More publications on occupational health](#)

#### Related topics

[Chronic diseases](#)  
[Environmental health](#)  
[Injuries](#)  
[Mental health](#)

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Health topics

### Health promotion



Health promotion is the process of enabling people to increase control over, and to improve, their health. It moves beyond a focus on individual behaviour towards a wide range of social and environmental interventions.

#### WHO programmes and activities

[About the Health Promotion unit \(HPR\)](#)  
[About the Department of Chronic Diseases and Health Promotion](#)

#### Health promotion in WHO regions

[African Region](#) [Western Pacific Region](#) [Region of the Americas-PAHO](#) [Eastern Mediterranean Region](#)

#### Technical information

[Health promotion](#)  
[School health and youth health promotion](#)

#### Related topics

[Chronic diseases](#)  
[Mental health](#)  
[Physical activity](#)  
[Nutrition](#)

参考链接: [http://www.who.int/topics/occupational\\_health/en/](http://www.who.int/topics/occupational_health/en/)

简介:

世界卫生组织关于职业健康的内容包括概述, 技术资讯(如工人健康保健、心理风险因素及危害), 多媒体信息, 出版物(如欧洲心理风险管理框架指南等), WHO 职业健康规划与活动, 不同区域的职业健康活动等; 关于健康促进的内容包括 WHO 健康促进规划与活动(如健康促进单位), 健康促进资讯(如慢性疾病、心理疾病、体育活动、营养等方面)。

## ● 国际劳工组织

The screenshot shows the ILO website's 'Publications and technical tools' page. The header includes the ILO logo and tagline 'Promoting jobs, protecting people'. The navigation menu lists various sections like 'About the ILO', 'Topics', 'Regions', etc. The main content area is titled 'Publications and technical tools' and includes a search bar, a list of publications (e.g., 'Case Study: Karoshi: Death from overwork', 'Working time, health, and safety: A research synthesis paper'), and a sidebar with 'Browse resources' and 'New online edition' sections.

参考链接：

[http://www.ilo.org/safework/info/publications/lang--en/index.htm?facetcriteria=P ROTECT=OSH.PROM&facetdynlist=UWCMS\\_137955#a1](http://www.ilo.org/safework/info/publications/lang--en/index.htm?facetcriteria=P ROTECT=OSH.PROM&facetdynlist=UWCMS_137955#a1)

简介：

国际劳工组织提供了一个关于职业安全与健康的网页，其中工人健康促进方面主要提供包括案例分析、工作场所（吸烟、营养与慢性病、暴力、酒精与药物等）的预防、不同职业（如护士、司机、空中管制、流水线工人等）的职业紧张预防等内容。

- 欧盟工作场所健康促进工具包



参考链接： <http://www.enwhp.org/european-toolbox.html>

简介：

欧盟工作场所健康促进工具包包括欧洲各国在职业健康促进方面行之有效的方法和工具。工具包成为了职业健康促进实践者和决策者在人力资料管理、职业健康与安全及公共卫生等领域的信息收集和交换池。内容包括适用于工作场所健康促进的方案、项目模型、工具（问卷、指引、信息材料）等，并提供了处理工作场所健康相关问题的解决方案（如成瘾药物、酒精、吸烟、不良饮食习惯、缺乏锻炼、精神压力等）。

- 欧洲工作场所健康压力管理和心理风险工具包及资源



Select your language: [English](#)



STRESS AND PSYCHOSOCIAL RISKS | TOOLS AND RESOURCES | GET INVOLVED | CAMPAIGN PARTNERS | MEDIA CENTRE | CAMPAIGN MATERIAL

Home :: Tools and resources

## Tools and resources for managing stress and psychosocial risks



To provide employers, managers and OSH experts with practical help to **manage stress and psychosocial risks**, we have put together a range of **tools and resources**.

To help boost your campaign, you will also find the OSH campaign toolkit, which provides you with ideas and examples of how to convey the campaign messages most effectively.

- > Practical tools
- > Napo film
- > Publications
- > An e-guide to psychosocial risks

参考链接: <https://www.healthy-workplaces.eu/en/tools-and-resources>

简介:

欧洲工作场所健康促进工具包, 主要是面向员工、管理人员和 OSH 专家提供工作场所的压力管理和心理风险的一系列工具和资源。包括实践工具、卡通电影、出版物、心理风险在线指南等。